**Workshop #1: *Marijuana – Is it safe?***

* Presenter’s Name: Heather Sheldon, LCSW
* Organization: Carson Valley Children’s Aid
* Workshop Explanation: With the legalization of marijuana in more states, people are asking whether marijuana is safe to use. This discussion will focus on the facts and myths about its use.

**Workshop #2: *Four, Five Seconds From Wilin’***

* Presenters’ Names:Megan Schmierer and Jessica McCartin
* Organization: Pottstown Family Services
* Workshop Explanation: Presenters will offer teens hands-on techniques to use while disciplining their child in a healthy way. Will also help teens recognize signs that they are about to lose control when parenting and how to handle/cope with these stressful feelings.

**Workshop #3: *Loving Me, Myself, & I!***

* Presenters’ Names:Nicole Green, Shanita Weeks, Kaytia Allen, & Nakia Buscemi
* Organization: Motivating Young Moms
* Workshop Explanation: Discussion between MYM and the students on the importance of loving self and the results.

**Workshop #4:** ***Love Is Not Abuse***

* Presenter’s Name: Cassandra Iannetta
* Organization: Laurel House
* Workshop Explanation: Curriculum focuses on four critical goals: Increasing students understanding of teen dating abuse, learning how to provide support to a friend or family member in need of help, increasing help-seeking behavior among students, and promoting health dating relationship behaviors.

**Guest Speaker Presentation: “Raising your children with purpose”**

* Speaker: Shakina Lewis-Small, a.k.a. Kina, the Prophetic Poet

Spoken word recording artist, Author, Motivation Speaker, Inspirational poet, & Actress

* Organization: K-Modulation, LLC
* Summary: Teenage parents will be introduced to 3 keys that will empower them to want to be better parents: train, teach, & instruct. The speaker will inform students how to apply these keys when caring for their children while embracing the idea of being a teen parent and using it to an advantage to become a better parent. Using motto” Do better for yourself so you can do better for them” as an empowering statement to show teen parents ways they can begin to better themselves that will benefit their children.